INTROIT

_Cibavit eos ex adipe frumenti, alleluia:_

He fed them with the finest wheat, alleluia,
_and satisfied them with honey from the rock,
alleluia._

PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters,
that I have greatly sinned, in my thoughts and in my words,
in what I have done and in what I have failed to do,
(We strike our breast during the next line)
through my fault, through my fault, through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints, and you, my brothers and sisters,
to pray for me to the Lord our God.

KYRIE ELEISON

chant • Mogens Pedersen
GLORIA

I - Choir  II - Assembly

I (Cantor or choir)

Glo-ry to God in the high-est, and on earth peace to peo-ple of good will.

II (Assembly)

We praise you, we bless you, we ad-ore you, we glo-ri-fy you,

we give you thanks for your great glo-ry, Lord God, heav’n-ly King,

O God, al-might-y Fa-ther. Lord Je-sus Christ,

On-ly Be-got-ten Son, Lord God, Lamb of God, Son of the Fa-ther,

you take a-way the sins of the world, have mer-cy on us;

you take a-way the sins of the world, re-ceive our prayer;

you are seat-ed at the right hand of the Fa-ther,

have mer-cy on us. For you a- lone are the Ho-ly One,

you a- lone are the Lord, you a- lone are the Most High, Je-sus Christ,

with the Ho-ly Spir-it, in the glo-ry of God the Fa-ther. A-men.

COLLECT
FIRST READING

Deuteronomy 8:2-3, 14b-16a

RESPONSORIAL PSALM

Psalm 147:12-15, 19-20

Adam Bartlett

O Jerusalem, glorify the LORD! O Sion, praise your God!
He has strengthened the bars of your gates; he has blessed your children within you. 

He established peace on your borders; he gives you your fill of finest wheat.
He sends out his word to the earth, and swiftly runs his command. 

He reveals his word to Jacob; to Israel, his decrees and judgments.
He has not dealt thus with other nations; he has not taught them his judgments. 

SECOND READING

1 Corinthians 10:16-17

SEQUENCE

Ecce panis angelorum
chant, mode I

Hail, angelic Bread of Heaven,
Now the pilgrim’s hoping-leaven,
Yea, the Bread to children given
That to dogs must not be thrown:
In the figures contemplated,
’Twas with Isaac immolated,
By the Lamb ’twas antedated,
In the Manna it was known.

O Good Shepherd, still confessing
Love, in spite of our transgressing,
Here Thy blessed Food possessing,
Make us share Thine every blessing
In the land of life and love:
Thou, whose power hath all completed
And Thy Flesh as Food hath meted,
Make us, at Thy table seated,
By Thy Saints, as friends be greeted,
In Thy paradise above.

GOSPEL ACCLAMATION

Alleluia
chant, mode VI

I am the living bread that came down from heaven, says the Lord;
whoever eats this bread will live forever. 

GOSPEL

John 6:51-58

HOMILY
NICENE CREED

I believe in one God
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ, the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God, from true God,
Begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven.
At the words that follow, up to and including and became man, all bow.
And by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
And rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church,
I confess one Baptism for the forgiveness of sins,
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

UNIVERSAL PRAYER
**Liturgy of the Eucharist**

**PREPARATION OF THE GIFTS**

*Panis angelicus* fit panis hominum;  
dat panis coelicus figuris terminum:  
O res mirabilis! Manducat Dominum:  
pauper, servus et humilis.

**EUCHARISTIC PRAYER**

*Holy, Holy, Holy*  
Heritage Mass • Owen Alstott

**MYSTERY OF FAITH**

*We Proclaim Your Death, O Lord*  
Alstott

**DOXOLOGY**

*Amen*  
Alstott

**LORD’S PRAYER**

**BREAKING OF THE BREAD**

*Lamb of God*  
Alstott
For those unable to receive the Blessed Sacrament at Mass, the ardent desire to receive Jesus in the Sacrament allows you to share in the graces of Christ’s sacrifice:

O my Jesus, I believe that you are present in the Most Holy Sacrament.
I love you above all things, and I desire to receive you into my soul.
Since I cannot receive you sacramentally at this moment, come at least spiritually into my heart.
I embrace you as if you were already there, and I united myself wholly to you.
Never permit me to be separated from you.
Amen.

COMMUNION ANTIPHON

Qui manducat carnis meam, et bibit sanguinem meum, in me manet, et ego in eo, dicit Dominus.

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

PRAYER AFTER COMMUNION

O Salutaris Hostia

Adoration of the Blessed Sacrament

EXPOSITION

O Salutaris Hostia
ADORATION

Adoro te devote, latens deitas,
Quae sub his figuris vere latitas;
Tibi se cor meum totum subjicit,
Quia te contemplans totum deficit.

Visus, tactus, gustus in te fallitur,
Sed auditu solo tuto creditur.
Credo quidquid dixit Dei Filius;
Nil hoc verbo Veritatis verius.

Adoro te devote, latens deitas,
Who are truly hidden beneath these appearances.
My whole heart submits to You,
And in contemplating You, it surrenders itself completely.

Visus, tactus, gustus in te fallitur,
Sight, touch, taste are all deceived in their judgment of you,
But hearing suffices firmly to believe.
I believe all that the Son of God has spoken;
There is nothing truer than this word of Truth.

Tantum ergo Sacramentum
Therefore so great a Sacrament
veneremur cernui:
let us fall down and worship,
et antiquum documentum novo cedat ritui:
And let the old law give way to a new rite,
praestet fides supplementum
And let faith stand forward
sensuum defectui.
to make good the defects of sense.

Genitori, genitoque laus et iubilatio,
To the Father and the Son be praise and joy,
salus, honor, virtus quoque sit et benedictio:
health, honor and virtue and blessing,
procedenti ab utroque compar sit laudatio.
and to him proceeding from both be equal praise.

Amen.

Assembly:
Bishop: You have given them Bread from heaven.
Assembly: Having all sweetness within it.
Bishop: Let us pray.

BENEDICTION

Tantum ergo
Louis Vierne

Therefore so great a Sacrament
veneremur cernui:
let us fall down and worship,
et antiquum documentum novo cedat ritui:
And let the old law give way to a new rite,
praestet fides supplementum
And let faith stand forward
to make good the defects of sense.

Genitori, genitoque laus et iubilatio,
To the Father and the Son be praise and joy,
salus, honor, virtus quoque sit et benedictio:
health, honor and virtue and blessing,
procedenti ab utroque compar sit laudatio.
and to him proceeding from both be equal praise.

Amen.

Bishop: You have given them Bread from heaven.
Assembly: Having all sweetness within it.
Bishop: Let us pray.

Lord Jesus Christ,
you gave us the Eucharist as the memorial of your suffering and death.
May our worship of this sacrament of your body and blood,
help us to experience the salvation you won for us
and the peace of the kingdom where you live with the Father and the Holy Spirit,
one God, for ever and ever.

Assembly: Amen.
**Choir:**

1. Blessed be God.
3. Blessed be Jesus Christ, true God and true man.
5. Blessed be his Most Sacred Heart.
7. Blessed be Jesus in the Most Holy Sacrament of the altar.
9. Blessed be the great Mother of God, Mary, most holy.
11. Blessed be her Glorious Assumption.
13. Blessed be Saint Joseph, her most chaste Spouse.

**All:**

2. Blessed be his Holy Name
4. Blessed be the Name of Jesus.
6. Blessed be his Most Precious Blood.
8. Blessed be the Holy Spirit, the Conscer.
10. Blessed be her Holy and Immaculate Conception.
12. Blessed be the name of Mary, Virgin and Mother.
14. Blessed be God in his Angels and in his Saints.

**ORGAN POSTLUDE**

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