

Cathedral of Christ the Light

Activity 1 – Grades K-2
Who is Christ the Light?

Lesson Plan Title: Who is Christ the Light?

Standards addressed (Diocese of Oakland Guidelines)

Grade K-2

General Goals: :

To familiarize students with the idea of God's creation of the world and of light for the world.

Specific Objectives:

- To know that God created the world, and created light for all living things
- To share thoughts and feeling about darkness and light
- To reflect on the importance of light in their lives
- To recognize Jesus as a light and a friend in their lives

Anticipatory Set: (5 minutes)

Show students pictures of the world during the day and at night. Discuss the differences. Make guesses about what makes it dark and what makes it light.

Step by step lesson:

1. In the classroom, turn off the lights so that students can experience partial darkness, then turn on the lights.
2. Discuss: How do you feel when it is dark? Why? Are you afraid when it is dark? Why? When you go outside and its dark, what can you see in the sky? What things give us light inside? What did God make to give us light?
3. Read scripture passage: Genesis: creation
4. Discuss: Why did God create light for the world? How can it help us? How does light help other living things like animals and plants. What might happen if there was no light in our world? How does light make you feel?
5. Introduce the idea that sometimes people can be like a light because they help us and show us the way. Who did God send to help us and show us how to be good people? Discuss the idea of Jesus as our light and our friend.

6. Activity: Draw a picture of yourself and Jesus as friends. Dictate or write, “How is our friend Jesus a light in our lives”

7. ***Closing Prayer: (have students repeat each line)***

Loving God,
make us a people of light
Make us faithful to Jesus
that we may bring your life and light to the world
Grant this through Christ our Light,
Amen

8. Song (optional)

This Little Light of Mine